WHAT IS ABSTINENCE?

Video link

What is abstinence?

_____

_____

According to the video, what are some reasons why a person might choose to practice abstinence?

_____

_____

If someone wanted to practice abstinence to avoid an unintended pregnancy or sexually transmitted infection, what specific behaviors would you suggest that person avoid?

_____

_____

What would you say to a peer or friend who wasn't interested in practicing abstinence?

_____

_____