

RESOURCES

3Rs Lesson Plans

[Grade 6: When Should a Person...](#)

[Grade 7: Making SMART Choices](#)

[Grade 9: Sexual Decision-Making](#)

[Grade 9: Decisions, Decisions](#)

Other Lessons

[RMC Health: K-12 Decision-Making models](#)

[Project School Wellness: The D.E.C.I.D.E. Model](#)

[Safety First: Drug Education for teens](#)

[Sexuality Education Resource Center](#)

[Center for Young Women's Health](#)

[Young Men's Health](#)

[Answer lessons](#)

[Teaching Sexual Health](#)

Other Resources

[National Teacher Preparation Standards for Sexuality Education](#)

[Developing a Growth Mindset with Carol Dweck - YouTube](#)

Related Research and Articles

Dobbs, D. (2011). Beautiful Brains. *National Geographic*, 220(4), 36-59.

Friedersdorf, C. (June 30, 2015). *Why Teenagers Hit Puberty and Take Dumb Risks*. *The Atlantic*, online.

Strauch, B. (2007). *The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us About Our Kids*. Anchor.

Walsh, D., & Walsh, E. (2014). *Why Do They Act That Way?—Revised and Updated: A Survival Guide to the Adolescent Brain for You and Your Teen*. Simon and Schuster.