

# DELIVERING SEX ED IN THE DIGITAL AGE

## CONFERENCE TAKEAWAYS

### Day 1: Intersectionality & Long-Term Healing

- *Intersectionality and self-care assist with the healing process*
- Intersectional sex ed doesn't mean an entirely new curriculum; make changes
  - Check representation in photos, stories, questions
  - Be body inclusive
  - Use neo-pronouns (xe, ey) for people in your lessons
  - Include stories and books that discuss oppression
  - Remove heteronormative and cisnormative language

### Day 2: International Educators

Ways to Use AMAZE videos in your classes

- Students voice-over videos
- Games (draw & guess [Pictionary], word guess [taboo], opinion line, puzzles, QR code race)
- Teacher training
- Peer education
- Movie night
- Role play scenarios from video



### Day 3: Educator Resources on AMAZE.org

- **NEW!** Search for videos by [National Sex Education Standard](#) (2nd ed)
- Use an [educator toolkit](#) to address a specific topic, like consent
- Choose [3R's lesson plans](#) that incorporate AMAZE videos
- Customize [Letters to Parents](#) using our "ready to go" templates
- View previous [educator talks](#)
- Create your own [video playlist](#) (or use one [created by other educators](#))
- Consult the video [Age Guide](#) to find age-appropriate videos
- Click the MORE INFO sticker to find lesson plans and relevant resources



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### Day 3 continued: Youth

#### Youth want educators to know:

- They're not as naïve as we assume
- They want entertaining lessons
- They have different lived experiences/ they're intersectional
- They have their own opinions
- Just because they're not participating doesn't mean they aren't interested in the topic
- They want more consistent sex ed (each year of school)

#### Youth want more education about:

- LGBTQ+ inclusivity
- Virginity
- Menstruation
- Social media safety
- Toxic masculinity
- Healthy relationships
- Less surface-level education; more depth into topics
- Emotional aspects of sexuality

#### Youth are watching:

- Vampire Diaries
- Riverdale
- Night Watch
- Squid Game
- High School Musical
- Emma Chamberlain
- Umbrella Academy
- Criminal Minds
- How I Met Your Mother
- Grey's Anatomy
- Big Mouth
- Anne with an E
- Never Have I Ever

