

# THE REFRIGERATOR LIST

- 1 They're **just words**. Practice saying them!
- 2 Raising sexually healthy children begins at birth.
- 3 Remember to look at the world **through kids' eyes**.
- 4 Questions about **origins** are not about sex!
- 5 Curiosity about people's bodies is normal.
- 6 No, you don't have to wait until they ask.
- 7 Give children a Values Vocabulary.
- 8 There's **no one right way** to be a girl or boy.
- 9 All sexes and genders deserve respect.
- 10 Advocate for sexuality education for all kids.

**And, remember, you can't "blow it." Children are always there again in the morning, so parenting is always a do-over!**